



## CANADA WEST RELEASE

Release #14: Monday, Nov. 23, 2009

Vote today on the [www.canadawest.org](http://www.canadawest.org) weekly Web poll

### Who is your first-half Canada West women's basketball MVP?

- a) Brittany Read, Regina
- b) Kayla Dykstra, UVic
- c) Lindsay DeGroot, USask
- d) Laurelle Weigl, SFU
- e) Zara Huntley, UBC

### Previous Poll

#### Which team will win the 2009 Vanier Cup?

- a) Laval 32%
- b) Calgary 56% (finalist)
- c) Saint Mary's 2%
- d) Queen's 2% (finalist)
- e) too close to call 8%

### Athletes of the Week

*\*CIS weekly award winner*  
**Football**

*Offence: Matt Walter, Calgary*

*Defence: Wyatt Getty, Calgary*

*Special Teams: Tye Noble, Calgary*

### Female/Male Winners

*Female: Lindsay DeGroot, Saskatchewan (basketball)*

Fifth-year guard Lindsay DeGroot helped the No. 4 Saskatchewan Huskies to a two game sweep of the Calgary Dinos (5-3) with a combined 47 points and 17 rebounds over the weekend.

In Friday night's 97-80 win, the Thedford, Ont., native scored 21 points and five rebounds. She also added eight steals and three assists. A night later, she led all players with 26 points and 12 rebounds in the 83-62 victory. She had six steals and five assists in this game. Eight of the 12 rebounds were defensive.

At 4-2, the Huskies are one game behind Regina for the division lead as they travel to Edmonton for a pair of games against the Alberta Pandas (5-3), Nov. 27-28.

*Male: Jacob Doerksen, Trinity Western (basketball)*

Trinity Western basketball forward Jacob Doerksen averaged 29.5 points per game this past weekend as he led the No. 10 Spartans to a weekend split with the Victoria Vikes. Dropping a tight, low-scoring 62-59 affair on Friday night and winning 83-71 on Saturday night.

In Friday's low scoring match Doerksen scored over 40 per cent of the TWU points by netting 24 points, then in Saturday's 12-point win Doerksen scored a personal season-high of 35 points.

The 35 points, which was three points shy of the fourth-year business student's career best, was also the third-most points scored in a Canada West game so far this season.

The reigning CIS men's basketball Player of the Year is currently leading the Spartans in scoring with 20.4 points per game, which is good enough for third spot in Canada West and 10<sup>th</sup> spot in the CIS.

The Spartans will finish up the fall semester next week when they host the No. 3 Calgary Dinos (7-1) on Friday and the Lethbridge Pronghorns (4-4) on Saturday at the Langley Events Centre.

## Canada West Standings

Please go to [www.canadawest.org](http://www.canadawest.org), click to enter a specific sport page (eg. Basketball – Men), then click the “Standings” tab down the right side of the page, in white type in the blue area. Updated Canada West standings will appear.

*times are local; check websites for internet broadcast link*

### **Uteck Bowl (at Halifax, NS)**

**Saturday, Nov. 21**

Calgary 38 at Saint Mary's 14

### **Mitchell Bowl (at Kingston, Ont.)**

**Saturday, Nov. 21**

Laval 30 at Queen's 33

### **84<sup>th</sup> Vanier Cup**

**(at Université Laval – Quebec City)**

**Saturday, Nov. 28**

Calgary vs. Queen's, noon ET (TSN, fan960.com)

## Basketball

### **Men**

#### **Prairie Division**

	<b>G</b>	<b>W</b>	<b>L</b>	<b>Pct.</b>	<b>F</b>	<b>A</b>	<b>GBL</b>
Calgary	8	7	1	.875	687	534	-
Lethbridge	8	4	4	.500	606	565	3.0
Alberta	8	4	4	.500	555	534	3.0
Saskatchewan	6	3	3	.500	489	478	3.0
Regina	6	3	3	.500	425	453	3.0
Brandon	8	3	5	.375	628	656	4.0
Manitoba	7	2	5	.286	517	611	4.5
Winnipeg	7	0	7	.000	465	590	6.5

**Note:** top four East teams qualify for playoffs

#### **Pacific Division**

UBC	5	5	0	1.00	404	344	-
Simon Fraser	5	5	0	1.00	382	334	-
Trinity Western	5	3	2	.600	350	341	2.0
Victoria	5	3	2	.600	364	340	2.0
UFV	6	3	3	.500	422	441	2.5
Thompson Rivers	6	0	6	.000	432	505	5.5

*GB denotes “Games Behind Leader”*

**Note:** top three West teams qualify for playoffs  
one wild card team selected between 5<sup>th</sup> Prairie/4<sup>th</sup> Pacific  
CWUAA finalists qualify for CIS championship  
*Division winners, plus one Wild Card, make CW  
Final Four; top two playoff teams qualify for Nationals*

### **Week 4**

**Thursday, Nov. 19**

#2 UBC 84 at Thompson Rivers 81

**Friday, Nov. 20**

Simon Fraser 73 at UFV 58

Brandon 80 at Winnipeg 75

Regina 62 at Alberta 61

Manitoba 68 at Lethbridge 87

#2 UBC 84 at Thompson Rivers 68

Victoria 62 at #10 Trinity Western 59

#3 Calgary 67 at Saskatchewan 86

**Saturday, Nov. 21**

Victoria 71 at #10 Trinity Western 83

Simon Fraser 71 at UFV 62

Manitoba 63 at Lethbridge 90

Regina 78 at Alberta 73

#3 Calgary 80 at Saskatchewan 76

Brandon 83 at Winnipeg 76

### **Week 5**

**Friday, Nov. 27**

#2 UBC at Winnipeg, 8:00 pm (LiveStats, webcast)

Victoria at Manitoba, 8:00 pm (webcast)

Saskatchewan at Alberta, 8:00 pm (webcast)

#3 Calgary at #10 Trinity Western, 8:00 pm (LiveStats, video)

Thompson Rivers at Brandon, 8:00 pm (webcast)

UFV at Regina, 8:00 pm

Lethbridge at Simon Fraser, 8:15 pm (LiveStats, video)  
**Saturday, Nov. 28**  
 #3 Calgary at Simon Fraser, 5:00 pm (LiveStats, video)  
 Lethbridge at #10 Trinity Western, 7:00 pm (LiveStats, video)  
 Victoria at Winnipeg, 8:00 pm (LiveStats, webcast)  
 #2 UBC at Manitoba, 8:00 pm (webcast)  
 Saskatchewan at Alberta, 8:00 pm (webcast)  
 UFV at Brandon, 8:00 pm (webcast)  
 Thompson Rivers at Regina, 8:00 pm

### Individual leaders through Week 4

*To be ranked, a player must appear in at least 75.0% of their team's games*

	<b>Scoring</b>	<b>G</b>	<b>FG</b>	<b>3FG</b>	<b>FT</b>	<b>Pts</b>	<b>Avg/G</b>
1.	Showron Glover-SASK	6	54	17	26	151	25.2
2.	Dany Charlery-BRAN	8	69	12	30	180	22.5
3.	Jacob Doerksen-TWU	5	40	2	20	102	20.4
4.	Josh Whyte-UBC	5	39	4	18	100	20.0
5.	Ross Bekkering-CGY	8	46	3	59	154	19.3
6.	Nick Lothar-WPG	7	42	17	17	118	16.9
7.	Jeff Price-LETH	8	37	14	46	134	16.8
8.	Sam Freeman-UFV	6	31	21	17	100	16.7
9.	Sean Garvey-TRU	6	28	21	20	97	16.2
10.	Peter Lomuro-WPG	7	35	8	32	110	15.7

	<b>Rebounding</b>	<b>G</b>	<b>Off</b>	<b>Def</b>	<b>Tot</b>	<b>Avg/G</b>
1.	Greg Stewart-TRU	6	17	52	69	11.5
2.	Ross Bekkering-CGY	8	28	51	79	9.9
3.	Troy Gottselig-SASK	6	17	41	58	9.7
4.	Tyrell Mara-TWU	5	17	29	46	9.2
5.	Kris Heshka-REG	6	16	36	52	8.7
6.	Eric Burrell-SFU	5	14	26	40	8.0
7.	Kyle Watson-UBC	5	18	21	39	7.8
8.	Danhue Lawrence-LETH	8	21	41	62	7.8
9.	Jordan Baker-AB	8	11	48	59	7.4
10.	Rob Cooper-LETH	8	24	31	55	6.9

	<b>Field Goal Pct. (min. 3/gm)</b>	<b>G</b>	<b>Made</b>	<b>Att.</b>	<b>Pct.</b>
1.	Michael Lieffers-SASK	6	20	30	.667
2.	Ross Bekkering-CGY	8	46	75	.613
3.	Showron Glover-SASK	6	54	99	.545
4.	Greg Stewart-TRU	6	32	59	.542
5.	Jacob Doerksen-TWU	5	40	74	.541

	<b>Assists</b>	<b>G</b>	<b>No.</b>	<b>Avg/G</b>
1.	Jeff Price-LETH	8	47	5.88
2.	Jamie McLeod-CGY	8	43	5.38
3.	Eric Garcia-MAN	7	37	5.29
4.	Showron Glover-SASK	6	27	4.50
5.	Tarik Tokar-BRAN	8	34	4.25

	<b>Free Throw Pct. (min. 2/gm)</b>	<b>G</b>	<b>Made</b>	<b>Att.</b>	<b>Pct.</b>
1.	Jeff Price-LETH	8	46	52	.885
2.	Paul Schubach-REG	6	15	17	.882
3.	Dany Charlery-BRAN	8	30	35	.857
3.	Jeff Friesen-TRU	6	18	21	.857
5.	Peter Lomuro-WPG	7	32	38	.842
5.					

	<b>3-Pt. Made</b>	<b>G</b>	<b>No.</b>	<b>Avg/G</b>
1.	Kevin Shaw-SFU	5	19	3.80
2.	Sam Freeman-UFV	6	21	3.50
2.	Sean Garvey-TRU	6	21	3.50
4.	Cyril Indome-UVIC	5	15	3.00
5.	Showron Glover-SASK	6	17	2.83

	<b>Assist-Turnover Ratio</b>	<b>G</b>	<b>Asst</b>	<b>Avg</b>	<b>Turn</b>	<b>Avg</b>	<b>Ratio</b>
--	------------------------------	----------	-------------	------------	-------------	------------	--------------

1.	Zac Andrus-UVIC	5	15	3.0	3	0.6	5.00
2.	Alex Murphy-UBC	5	16	3.2	5	1.0	3.20
3.	Jeff Price-LETH	8	47	5.9	21	2.6	2.24
4.	Tarik Tokar-BRAN	8	34	4.3	18	2.3	1.89
5.	Jarred Ogungbemi-Jackson-CGY	8	32	4.0	17	2.1	1.88

### Women

#### Prairie

	G	W	L	Pct.	F	A	GBL
Regina	6	5	1	.833	425	382	-
Saskatchewan	6	4	2	.667	443	375	1.0
Alberta	8	5	3	.625	571	501	1.0
Calgary	8	5	3	.625	669	656	1.0
Winnipeg	7	4	3	.571	468	490	1.5
Lethbridge	8	4	4	.500	603	604	2.0
Manitoba	7	3	4	.429	514	543	2.5
Brandon	8	0	8	.000	448	607	6.0

**Note:** top four Prairie teams qualify for playoffs

#### Pacific

Simon Fraser	5	5	0	1.00	414	251	-
UBC	6	4	2	.667	410	360	1.5
Victoria	5	2	3	.400	298	312	3.0
Thompson Rivers	6	2	4	.333	440	478	3.5
Trinity Western	6	2	4	.333	325	410	3.5
UFV	4	0	4	.000	256	315	4.5

**Note:** top three Pacific teams qualify for playoffs  
 one wild card team selected between 5<sup>th</sup> Prairie/4<sup>th</sup> Pacific  
 top three CW finishers qualify for CIS championship  
 CW top three teams advance to CIS Nationals

### Week 4

#### Thursday, Nov. 19

#10 UBC 76 at Thompson Rivers 62

#### Friday, Nov. 20

#10 UBC 80 at Thompson Rivers 57

#3 Regina 68 at #9 Alberta 64

Manitoba 87 at Lethbridge 98

Calgary 80 at #4 Saskatchewan 97

Brandon 58 at Winnipeg 75

#1 Simon Fraser at UFV, ppd. (re-scheduled Dec. 3)

#6 Victoria 68 at Trinity Western 62

#### Saturday, Nov. 21

#6 Victoria 58 at Trinity Western 62

#1 Simon Fraser at UFV, ppd. (re-scheduled Feb. 17)

Manitoba 61 at Lethbridge 89

Calgary 62 at #4 Saskatchewan 83

Brandon 64 at Winnipeg 70

#3 Regina 60 at #9 Alberta 68

### Week 5

#### Friday, Nov. 27

Thompson Rivers at Brandon, 6:00 pm (webcast)

#6 Victoria at Manitoba, 6:00 pm (webcast)

#10 UBC at Winnipeg, 6:00 pm (LiveStats, webcast)

#4 Saskatchewan at #9 Alberta, 6:00 pm (webcast)

Calgary at Trinity Western, 6:00 pm (LiveStats, video)

UFV at #3 Regina, 6:00 pm

Lethbridge at #1 Simon Fraser, 6:15 pm (LiveStats, video)

#### Saturday, Nov. 28

Lethbridge at Trinity Western, 5:00 pm (LiveStats, video)

#6 Victoria at Winnipeg, 6:00 pm LiveStats, webcast)

#10 UBC at Manitoba, 6:00 pm (webcast)

#4 Saskatchewan at #9 Alberta, 6:00 pm (webcast)

UFV at Brandon, 6:00 pm (webcast)

Thompson Rivers at #3 Regina, 6:15 pm

Calgary at #1 Simon Fraser, 7:00 pm (LiveStats, video)

### Individual leaders through Week 4

*To be ranked, a player must appear in at least 75.0% of their team's games*

**Scoring**                      **G**    **FG**    **3FG**    **FT**    **Pts**    **Avg/G**

1.	Jane Meadwell-UFV	4	25	6	31	87	21.8
2.	Caitlin Gooch-WPG	6	36	18	30	120	20.0
3.	Lindsay DeGroot-SASK	6	48	7	15	118	19.7
4.	Brittany Read-REG	6	42	0	28	112	18.7
5.	Ashley Hill-CGY	8	43	19	33	138	17.3
6.	Stephanie Price-LETH	8	49	6	26	130	16.3
7.	Alex Cole-CGY	8	44	2	36	126	15.8
8.	Lauren Doubroff-TWU	6	28	4	30	90	15.0
9.	Kayla Klassen-MAN	7	34	22	14	104	14.9
10.	Marisa Haylett-AB	8	33	10	42	118	14.8

	<b>Rebounding</b>	<b>G</b>	<b>Off</b>	<b>Def</b>	<b>Tot</b>	<b>Avg/G</b>
1.	Nicisha Johnson-BRAN	8	35	51	86	10.8
2.	Lauren Doubroff-TWU	6	23	31	54	9.0
3.	Brittany Read-REG	6	30	22	52	8.7
4.	Jayla Bousquet-BRAN	8	30	37	67	8.4
5.	Kayla Dykstra-UVIC	5	15	25	40	8.0
6.	Kaitlin Rempel-WPG	7	34	20	54	7.7
7.	Amy Ogidan-WPG	7	16	36	52	7.4
8.	Diane Schuetze-TRU	6	11	33	44	7.3
9.	Jessica Stromberg-WPG	7	15	34	49	7.0
9.	Tracy Kocs-TRU	6	18	24	42	7.0
9.	Lindsay DeGroot-SASK	6	13	29	42	7.0

	<b>Field Goal Pct. (min. 3/gm)</b>	<b>G</b>	<b>Made</b>	<b>Att.</b>	<b>Pct.</b>
1.	Nayo Raincock-Ekunwe-SFU	5	25	30	.833
2.	Brittany Read-REG	6	42	61	.689
3.	Lindsay DeGroot-SASK	6	48	85	.565
4.	Zara Huntley-UBC	6	36	64	.563
5.	Jana Spindler-SASK	6	23	41	.561

	<b>Assists</b>	<b>G</b>	<b>No.</b>	<b>Avg/G</b>
1.	Michele Hynes-MAN	7	45	6.43
2.	Stephanie Price-LETH	8	45	5.63
3.	Joanna Zalesiak-REG	6	28	4.67
4.	Megan Lang-CGY	8	37	4.63
5.	Megan Schaufele-CGY	8	35	4.38

	<b>Free Throw Pct. (min. 2/gm)</b>	<b>G</b>	<b>Made</b>	<b>Att.</b>	<b>Pct.</b>
1.	Tracy Kocs-TRU	6	12	12	1.00
2.	Nicole Clarke-AB	8	32	36	.889
3.	Stephanie Price-LETH	8	26	30	.867
4.	Lauren Doubroff-TWU	6	30	35	.857
5.	Mackenzie Prasek-WPG	7	16	19	.842

	<b>3-Pt Made</b>	<b>G</b>	<b>No.</b>	<b>Avg/G</b>
1.	Kayla Klassen-MAN	7	22	3.14
2.	Caitlin Gooch-WPG	6	18	3.00
3.	Michele Hynes-MAN	7	18	2.57
4.	Emily Knauff-TWU	5	12	2.40
5.	Ashley Hill-CGY	8	19	2.38

	<b>Assist-Turnover Ratio</b>	<b>G</b>	<b>Asst</b>	<b>Avg</b>	<b>Turn</b>	<b>Avg</b>	<b>Ratio</b>
1.	Michele Hynes-MAN	7	45	6.4	30	4.3	1.50
2.	Megan Lang-CGY	8	37	4.6	25	3.1	1.48
3.	Megan Schaufele-CGY	8	35	4.4	24	3.0	1.46
4.	Stephanie Price-LETH	8	45	5.6	31	3.9	1.45
5.	Kristina Collins-SFU	5	18	3.6	13	2.6	1.38

## Ice Hockey

### Men

Alberta	<b>G</b>	<b>W</b>	<b>L</b>	<b>OI</b>	<b>F</b>	<b>A</b>	<b>+/-</b>	<b>Pt</b>
	14	12	1	1	79	35	+44	25

Manitoba	14	9	3	2	45	33	+12	20
Saskatchewan	14	7	6	1	55	39	+16	15
Calgary	12	6	4	2	36	47	-11	14
Lethbridge	14	4	8	2	39	62	-23	10
UBC	12	4	7	1	33	51	-19	9
Regina	12	4	8	0	24	43	-19	8

*times are local*

(All games available live via LeagueStat scoring system)

**Week 8**

**Friday, Nov. 20**

Saskatchewan 2 at #6 Manitoba 5

Calgary 2 at #2 Alberta 7

Lethbridge 5 at UBC 4

**Saturday, Nov. 21**

Saskatchewan 3 at #6 Manitoba 2 (SO)

Calgary 4 at #2 Alberta 6

Lethbridge 3 at UBC 4 (SO)

**Week 9**

**Friday, Nov. 27**

#2 Alberta at Lethbridge, 7:00 pm (webcast)

Regina at Saskatchewan, 7:00 pm

UBC at Calgary, 7:00 pm

**Saturday, Nov. 28**

#2 Alberta at Lethbridge, 7:00 pm (webcast)

Regina at Saskatchewan, 7:00 pm

UBC at Calgary, 7:00 pm

**Individual leaders through Week 8**

	<b>Points</b>		<b>GP</b>	<b>G</b>	<b>A</b>	<b>Pts</b>
1	Chad Klassen	AB	14	11	14	25
2	Sean Ringrose	AB	14	7	13	20
3	Eric Hunter	AB	14	8	11	19
3	Derek Ryan	AB	14	6	13	19
5	Andrew Courtney	Leth	14	13	5	18
5	Dustin Moore	Leth	10	5	13	18
7	Jesse Gimblett	AB	14	9	8	17
7	Steven DaSilva	Sask	13	8	9	17
7	Reade Wolansky	AB	14	4	13	17
10	Ian McDonald	AB	14	8	8	16

	<b>Goals</b>		<b>GP</b>	<b>G</b>
1	Andrew Courtney	Leth	14	13
2	Chad Klassen	AB	14	11
3	Jesse Gimblett	AB	14	9
4	Steven DaSilva	Sask	13	8
4	Eric Hunter	AB	14	8
4	Ian McDonald	AB	14	8

	<b>Assists</b>		<b>GP</b>	<b>A</b>
1	Kyle Fecho	AB	14	14
1	Chad Klassen	AB	14	14
3	Dustin Moore	Leth	10	13
3	Sean Ringrose	AB	14	13
3	Derek Ryan	AB	14	13
3	Reade Wolansky	AB	14	13

	<b>Goaltending</b>		<b>GP</b>	<b>Min</b>	<b>GA</b>	<b>SO</b>	<b>Avg.</b>	<b>Sv%</b>	<b>W</b>	<b>L</b>
1	Travis Yonkman	AB	7	420	14	1	2.00	.931	7	0
2	Steve Christie	Man	13	788	28	1	2.13	.926	8	3
3	David Reekie	Sask	8	348	14	0	2.42	.920	4	2
4	Jeff Harvey	Sask	9	498	22	1	2.65	.915	3	4
5	Real Cyr	AB	7	424	20	0	2.83	.908	5	1

**Women**

	<b>G</b>	<b>W</b>	<b>L</b>	<b>OI</b>	<b>F</b>	<b>A</b>	<b>+/-</b>	<b>Pt</b>
Alberta	12	12	0	0	54	10	+44	24
Manitoba	10	8	2	0	28	21	+7	16
Saskatchewan	10	6	2	2	35	20	+15	14
Regina	10	3	4	3	15	30	-15	9
Lethbridge	10	3	5	2	13	28	-15	8
UBC	10	3	6	1	20	32	-12	7
Calgary	10	1	9	0	14	38	-24	2

*times are local*

(All games available live via LeagueStat scoring system)

**Week 7**

**Friday, Nov. 20**

Calgary 0 at Regina 1  
 #4 Manitoba 2 at Lethbridge 1 (SO)

**Saturday, Nov. 21**

Calgary 2 at Regina 5  
 #4 Manitoba 3 at Lethbridge 2 (OT)

**Week 8**

**Friday, Nov. 27**

Calgary at #3 Alberta, 7:00 pm  
 #10 Saskatchewan at #4 Manitoba, 7:00 pm  
 Regina at UBC, 7:30 pm (citr.ca)

**Saturday, Nov. 28**

#3 Alberta at Calgary, 3:00 pm  
 #10 Saskatchewan at #4 Manitoba, 7:00 pm  
 Regina at UBC, 7:30 pm (citr.ca)

**Individual leaders through Week 7**

	<b>Points</b>		<b>GP</b>	<b>G</b>	<b>A</b>	<b>Pts</b>
1	Tarin Podloski	AB	12	11	11	22
2	Leah Copeland	AB	12	6	12	18
3	Breanne George	Sask	10	8	8	16
4	Julie Paetsch	Sask	10	5	9	14
5	Alana Cabana	AB	10	7	6	13
5	Stephanie Ramsay	AB	11	5	8	13
7	Chelsea Purcell	Sask	10	7	4	11
8	Tamara Pickford	UBC	10	4	6	10
8	Nicole Pratt	AB	12	1	9	10
10	Danny Stone	Sask	10	4	5	9
10	Caitlin MacDonald	Man	10	3	6	9
10	Addie Miles	Man	10	3	6	9

	<b>Goals</b>		<b>GP</b>	<b>G</b>
1	Tarin Podloski	AB	12	11
2	Breanne George	Sask	10	8
3	Alana Cabana	AB	10	7
3	Chelsea Purcell	Sask	10	7
5	Katie Borbely	AB	10	6
5	Leah Copeland	AB	12	6

	<b>Assists</b>		<b>GP</b>	<b>A</b>
1	Leah Copeland	AB	12	12
2	Tarin Podloski	AB	12	11
3	Julie Paetsch	Sask	10	9
3	Nicole Pratt	AB	12	9
5	Breanne George	Sask	10	8
5	Stephanie Ramsay	AB	11	8

	<b>Goaltending</b>		<b>GP</b>	<b>Min</b>	<b>GA</b>	<b>SO</b>	<b>Avg.</b>	<b>Sv%</b>	<b>W</b>	<b>L</b>
1	Dana Vinge	AB	11	665	10	4	0.90	.945	11	0
2	Vanessa Frederick	Sask	9	526	16	1	1.82	.925	5	2
3	Stacey Corfield	Man	9	557	20	0	2.15	.908	7	2
4	Kailey McMaster	Leth	8	486	21	0	2.59	.905	2	5
5	Lisa Urban	Reg	10	595	26	2	2.62	.922	3	5

## Volleyball

### Men

	MP	MW	ML	SW	SL	MBL
Calgary	6	5	1	16	6	-
Trinity Western	6	5	1	15	9	-
Alberta	8	6	2	20	8	-
Saskatchewan	6	4	2	16	6	1.0
Brandon	8	5	3	17	16	1.0
Manitoba	9	5	4	19	14	1.5
Thompson Rivers	8	4	4	14	12	2.0
Winnipeg	7	2	5	11	18	3.5
UBC	8	1	7	7	23	5.0
Regina	8	0	8	1	24	6.0

*MBL denotes "Matches Behind Leader"*

**Note:** top seven teams qualify for playoffs; host TRU and top three playoff finishers qualify for CIS Nationals

### Week 5

#### Friday, Nov. 20

#8 Trinity Western 3 at #6 Manitoba 1

#7 Winnipeg 0 at #9 Brandon 3

Thompson Rivers 3 at UBC 0

#3 Alberta 3 at Regina 0

#### Saturday, Nov. 21

#3 Alberta 3 at Regina 0

#8 Trinity Western 0 at #6 Manitoba 3

#7 Winnipeg 1 at #9 Brandon 3

Thompson Rivers 3 at UBC 0

### Week 6

#### Friday, Nov. 27

#8 Trinity Western at #2 Calgary, 8:00 pm (LiveStats)

#3 Alberta at #10 Saskatchewan, 8:00 pm (LiveStats, webcast)

#### Saturday, Nov. 28

Thompson Rivers at #7 Winnipeg, 3:00 pm (LiveStats, webcast)

#3 Alberta at #10 Saskatchewan, 8:00 pm (LiveStats, webcast)

#8 Trinity Western at #2 Calgary, 8:00 pm (LiveStats)

#### Sunday, Nov. 29

Thompson Rivers at #7 Winnipeg, 3:00 pm (LiveStats, webcast)

### Individual leaders through Week 5

*Must play in at least 50% of their team's sets*

	<b>Hitting Pct. (min. 3 attacks/set)</b>		<b>G</b>	<b>Kills</b>	<b>Err</b>	<b>Tot</b>	<b>Pct.</b>
1.	Geoffrey Zerr	SASK	21	46	8	72	.528
2.	Josh Doornenbal	TWU	24	56	7	95	.516
3.	Rudy Verhoeff	TWU	24	56	12	102	.431
4.	Justin Duff	WPG	29	97	21	178	.427
5.	Steve Goertzen	MAN	29	64	14	124	.403
6.	Maurice Williams	WPG	29	51	13	107	.355
7.	Thomas Jarmoc	AB	28	102	31	200	.355
8.	Graham Vigrass	CGY	14	53	14	120	.325
9.	David Egan	CGY	22	38	13	77	.325
10.	Gord Perrin	TRU	26	144	42	315	.324

	<b>Kills (min. 2/set)</b>		<b>G</b>	<b>No.</b>	<b>Per Game</b>
1.	Gord Perrin	TRU	26	144	5.54
2.	Paul Sanderson	BRAN	33	149	4.52
3.	Kevin Tillie	TRU	26	110	4.23
4.	Graham Vigrass	CGY	14	53	3.79
5.	Thomas Jarmoc	AB	28	102	3.64
6.	Dane Pischke	MAN	33	119	3.61
7.	Steven Marshall	TWU	24	86	3.58
8.	Justin Duff	WPG	29	97	3.34
9.	Kevin Miller	BRAN	33	108	3.27
10.	Demijan Savija	UBC	25	80	3.20

<b>Assists (min. 5./set)</b>		<b>G</b>	<b>No.</b>	<b>Per Game</b>
1.	Colin Carson	TRU	26 305	11.73
2.	Dan Lothar	WPG	29 324	11.17
3.	Ben Ball	TWU	24 257	10.71
4.	Cole Hintz	SASK	22 223	10.14
5.	Ryan Zwarich	UBC	29 278	9.59

<b>Blocks (min. 0.75/set)</b>		<b>G</b>	<b>Solo</b>	<b>Asst</b>	<b>Tot</b>	<b>Per Game</b>
1.	Josh Doornenbal	TWU	24 1	28	29.0	1.21
2.	Joe Cordonier	UBC	30 6	30	36.0	1.20
3.	Oleg Podporin	CGY	22 4	22	26.0	1.18
4.	Spencer Leiske	AB	28 5	27	32.0	1.14
5.	David Egan	CGY	22 0	24	24.0	1.09

<b>Points</b>		<b>G</b>	<b>K</b>	<b>SA</b>	<b>BS</b>	<b>BA</b>	<b>Pts</b>	<b>Avg/G</b>
1.	Gord Perrin	TRU	26 144	5	4	8	157.0	6.04
2.	Paul Sanderson	BRAN	33 149	13	3	10	170.0	5.15
3.	Kevin Tillie	TRU	26 110	11	2	11	128.5	4.94
4.	Steven Marshall	TWU	24 86	8	1	20	105.0	4.38
5.	Dane Pischke	MAN	33 119	1	6	24	138.0	4.18
6.	Justin Duff	WPG	29 97	9	7	16	121.0	4.17
7.	Thomas Jarmoc	AB	28 102	3	2	16	115.0	4.11
7.	Graham Vigrass	CGY	14 53	1	0	7	57.5	4.11
9.	Demijan Savija	UBC	25 80	0	6	20	96.0	3.84
10.	Kevin Miller	BRAN	33 108	9	4	10	126.0	3.82

<b>Digs (min. 1/set)</b>		<b>G</b>	<b>No.</b>	<b>Per Game</b>
1.	Blair Bann	UBC	30 103	3.43
2.	Scott Neufeld	BRAN	33 96	2.91
3.	Jarroff Offereins	TWU	24 67	2.79
4.	Ryan Munt	MAN	33 91	2.76
5.	Steven Marshall	TWU	24 58	2.42

### Women

	<b>MP</b>	<b>MW</b>	<b>ML</b>	<b>SW</b>	<b>SL</b>	<b>MBL</b>
UBC	8	8	0	24	2	-
Alberta	10	8	2	26	12	1.0
Manitoba	9	7	2	21	13	1.5
Brandon	8	6	2	21	11	2.0
Regina	8	6	2	18	9	2.0
Calgary	8	4	4	16	14	4.0
Trinity Western	8	3	5	17	17	5.0
Winnipeg	7	1	6	5	19	6.5
Simon Fraser	8	1	7	9	22	7.0
Saskatchewan	8	1	7	5	23	7.0
Thompson Rivers	8	0	8	4	24	8.0

*MBL denotes "Matches Behind Leader"*

**Note:** top seven teams qualify for playoffs; host Alberta & three top playoff finishers qualify for CIS Nationals

### Week 5

#### Friday, Nov. 20

#6 Trinity Western 2 at #3 Manitoba 3  
 Thompson Rivers 0 at #1 UBC 3  
 #5 Alberta 1 at #4 Regina 3  
 Winnipeg 0 at #7 Brandon 3  
 Saskatchewan 3 at Simon Fraser 2

#### Saturday, Nov. 21

#6 Trinity Western 2 at #3 Manitoba 3  
 Thompson Rivers 0 at #1 UBC 3  
 Winnipeg 2 at #7 Brandon 3  
 Saskatchewan 1 at Simon Fraser 3  
 #5 Alberta 3 at #4 Regina 0

### Week 6

#### Friday, Nov. 27

#6 Trinity Western at #8 Calgary, 6:00 pm (LiveStats)

#5 Alberta at Saskatchewan, 6:00 pm (LiveStats, webcast)

Simon Fraser at #1 UBC, 7:00 pm (citr, citr.ca)

**Saturday, Nov. 28**

Thompson Rivers at Winnipeg, 1:00 pm (LiveStats, webcast)

#5 Alberta at Saskatchewan, 6:00 pm (LiveStats, webcast)

#6 Trinity Western at #8 Calgary, 6:00 pm (LiveStats)

**Sunday, Nov. 29**

Thompson Rivers at Winnipeg, 1:00 pm (LiveStats, webcast)

**Individual leaders through Week 5**

*Must play in at least 50% of their team's sets*

	<b>Hitting Pct. (min. 3 attacks/set)</b>		<b>G</b>	<b>Kills</b>	<b>Err</b>	<b>Tot</b>	<b>Pct.</b>
1.	Jen Hinze	UBC	25	64	16	120	.400
2.	Beth Clark	REG	27	93	25	174	.391
3.	Kyla Richey	UBC	25	65	20	137	.328
4.	Laura Spence	CGY	30	73	20	168	.315
5.	Claire Willerton	BRAN	32	63	19	141	.312
6.	Laura Littlejohn	CGY	23	39	13	84	.310
7.	Tricia Mayba	MAN	34	69	21	156	.308
8.	Liz Cordonier	UBC	25	83	28	184	.299
9.	Kristi Hunter	MAN	29	95	33	208	.298
10.	Erin Visch-Krahn	BRAN	32	82	30	176	.295

	<b>Kills (min. 2/set)</b>		<b>G</b>	<b>No.</b>	<b>Per Game</b>
1.	Tiffany Proudfoot	AB	38	158	4.16
2.	Anna Dyakiewicz	TRU	28	108	3.86
3.	Beth Clark	REG	27	93	3.44
4.	Kara JansenVanDoorn	TWU	34	115	3.38
5.	Amanda Frayne	TRU	28	93	3.32
6.	Liz Cordonier	UBC	25	83	3.32
7.	Kristi Hunter	MAN	29	95	3.28
8.	Lindsey Doland	CGY	30	97	3.23
9.	Colleen Douville	SFU	31	99	3.19
10.	Teagan Hunter	BRAN	32	99	3.09

	<b>Assists (min. 5/set)</b>		<b>G</b>	<b>No.</b>	<b>Per Game</b>
1.	Sam Loewen	MAN	34	348	10.24
2.	Katie Tyzuk	UBC	24	236	9.83
3.	Sarah Lacny	CGY	29	284	9.79
4.	Becky Young	BRAN	32	298	9.31
5.	Tiffany Herman	REG	26	240	9.23

	<b>Blocks (min. 0.75/set)</b>		<b>G</b>	<b>Solo</b>	<b>Asst</b>	<b>Tot</b>	<b>Per Game</b>
1.	Krista Zubick	AB	38	16	32	48.0	1.26
2.	Jen Hinze	UBC	25	1	30	31.0	1.24
3.	Ismay Schon	TWU	34	1	40	41.0	1.21
4.	Alix Krahn	WPG	23	1	25	26.0	1.13
5.	Claire Willerton	BRAN	32	6	29	35.0	1.09

	<b>Points</b>		<b>G</b>	<b>K</b>	<b>SA</b>	<b>BS</b>	<b>BA</b>	<b>Pts</b>	<b>Avg/G</b>
1.	Tiffany Proudfoot	AB	38	158	13	2	15	180.5	4.75
2.	Anna Dyakiewicz	TRU	28	108	5	3	5	118.5	4.23
3.	Beth Clark	REG	27	93	5	3	26	114.0	4.22
4.	Liz Cordonier	UBC	25	83	16	0	13	105.5	4.22
5.	Kara JansenVanDoorn	TWU	34	115	7	1	22	134.0	3.94
6.	Amanda Frayne	TRU	28	93	5	6	9	108.5	3.88
7.	Lindsey Doland	CGY	30	97	8	1	18	115.0	3.83
8.	Colleen Douville	SFU	31	99	5	5	19	118.5	3.82
9.	Kristi Hunter	MAN	29	95	5	2	14	109.0	3.76
10.	Teagan Hunter	BRAN	32	99	8	4	12	117.0	3.66

	<b>Digs (min. 1/set)</b>		<b>G</b>	<b>No.</b>	<b>Per Game</b>
1.	Sonia Rossy	WPG	24	99	4.12
2.	Andrea Ball	TWU	34	133	3.91
3.	Carleen Kruschel	WPG	24	92	3.83

4.	Nicole Hall	MAN	34	126	3.71
5.	Shauna Weber	SASK	28	98	3.50

For non-conference events and full schedules, please check various team Schedule/Results sections at [www.canadawest.org](http://www.canadawest.org)

**Next Weekly Release:** Monday, Nov. 30, 2009

David Bandla, Canada West Communications  
[sportsinfo@canadawest.org](mailto:sportsinfo@canadawest.org)

**About CWUAA**

“Canada West is consistently the most decorated of the four conferences in Canadian Interuniversity Sport (CIS), winning at least 10 CIS national titles every year since 1997-98. Comprised of 14 schools, from the provinces of Manitoba, Saskatchewan, Alberta and British Columbia, the CWUAA produces numerous major award winners and Academic All-Canadian student-athletes each year, with many going on to athletic success around the globe in pro leagues or events such as the Olympics, Paralympics or Universiade Games.”