

STUDENT TRAINER PROGRAM



2012/2013

Dear Student Trainer Program Applicant:

Thank you for your interest in the Student Trainer Program.

Applicants enrolled in the University of Saskatchewan in a health science college are required to fill out the enclosed application form in its entirety (including requested photocopies) and submit a resume. The deadline for receiving the application material is March 30, 2012. All applicants will be notified regarding their status in the program by the end of April. Please submit the application form and resume to:

Rhonda Shishkin
Room 190 PAC
87 Campus Drive
College of Kinesiology
Saskatoon SK S7N 5B2
306-966-1026
rhonda.shishkin@usask.ca

I hope to provide all interested students with the opportunity to work with our Huskie Athletics teams; however the number of placements is limited. Selection to the program is based entirely on your application. Therefore it is imperative in order to have the best chances for selection, that you submit a *complete* application form. Information missing from the application form will not be sought out from the candidates. Selection into the program is based on the following: a complete application form, volunteer experience, leadership skills, and academic achievement.

Please feel to contact me if you have any further questions. Thank you for your interest and I look forward to receiving your application.

Sincerely,

Rhonda Shishkin
Head Therapist Huskie Athletics
Diploma Sports Physiotherapy, BScPT, BSPE, CAT(c), CAFCI

STUDENT TRAINER PROGRAM

Huskie Athletics offers a Student Trainer Program which is a volunteer based, not for credit program. It provides students with the opportunity to examine the prevention, assessment, treatment and rehabilitation of sports injuries. Students interested in either Physical Therapy, Athletic Therapy, Occupational Therapy or Exercise Therapy can explore these careers while volunteering under a Licensed Physiotherapist / Certified Athletic Therapist. Students are given the opportunity to assist in the Huskie Athletics Sport Health Centre at the PAC with athlete rehabilitation and exercise prescription. They are assigned to a University sports team for a season to cover practices and games, both home and away. Students also attend Student Trainer Seminars which cover such topics as injury prevention, acute injury management, assessment of sports injuries, rehabilitation principles, exercise prescription and current issues in sport science. Knowledge acquired in the Student Trainer Program would be of value to the future therapist, educator or coach.

Expectations within the Student Trainer Program

The Student Trainer Program is a “hands on” learning experience and therefore requires extra time outside of class schedules. Students attend Student Trainer Program seminars, are assigned to a University team, and volunteer in the Huskie Athletics Sport Health Centre. If students are interested, the Student Trainer Program also provides a service to the community by covering local sporting events. Student trainers are paid a fee to cover community events.

Becoming an Athletic Therapist

To become a Certified Athletic Therapist, you must receive a degree from an accredited institution. The universities of Winnipeg, Manitoba, Concordia, York, Mount Royal, Camosun College, and Sheridan College offer accredited programs. Mount Royal College also offers a 1 year Post- Degree Program for students with a university degree meeting the necessary prerequisites. Once you are enrolled in an accredited institution, you may become a Certification Candidate. You must collect 1200 supervised hours of clinical and field experience before you are eligible to attempt the examination process. For more information on becoming a Certified Athletic Therapist please visit www.athletictherapy.org.

Becoming an Sports Physiotherapist

Sport Physiotherapy Canada oversees a system of post graduate education in sport physiotherapy which allows a physiotherapist to progress through different levels of expertise as assessed by theoretical knowledge and practical skills. A post graduate Certificate and Diploma recognize established levels of competency in sports physiotherapy. Once graduated from an MPT program, you can accumulate practical field experience hours while working towards your Sports Physiotherapist designation. For more information on Sport Physiotherapy visit www.sportphysio.ca.

Student Trainer Program Admission Requirements:

Minimum program requirements:

- Enrollment in a Health Science College
- Valid CPR (by September 2012)
- Valid First Aid Certificate (by September 2012)

Note: You must have completed a First Aid and CPR course by September 1, 2012 and provide us with proof of completion. We require you to have taken a CPR course or recertification course within the last year. We require you to have taken a First Aid course or recertification within the last 3 years. Your certifications must be valid until April 2013.

Students may also wish to have the following:

- Experience as a trainer in high school or college
- Sports Medicine and Science Council of Saskatchewan Sports First Aider
- Sports Medicine and Science Council of Saskatchewan Sports Taping
 - (www.smscs.ca for more information on the above 2 programs)
- Canadian Hockey Safety Program
- Aquatics awards

Selection to the program will be based on the following criteria:

- Related certificates and/or experience
- Volunteer experience
- Demonstrated leadership skills
- Academic achievement

Re-Admission Requirements:

Current Student Trainer Program students must meet certain minimum requirements in order to continue in the program.

1. Continued enrollment in a Health Science College
2. A student in good standing
3. Regular attendance at Student Trainer Program seminars
4. Regular attendance of clinical hours (if signed up for them)
5. Student trainer with university team and/or volunteer for other posted events

Mandatory Information Sessions:

There will be 2 information sessions in early April to provide applicants with general information about the Student Trainer Program. Attendance at one of the sessions is mandatory. Please select the time you wish to attend on the application form. If you are not able to attend due to school conflicts, please contact Rhonda Shishkin.

For further information:

Rhonda Shishkin
Head Therapist Huskie Athletics
Diploma Sport PT, BScPT, BSPE, CAT(c)
Room 190 PAC
University of Saskatchewan
Saskatoon SK S7N 5B2
Phone: 306-966-1026
email: rhonda.shishkin@usask.ca

Keeran Wagner
Administration Assistant-Academic
Room 300.2 PAC
University of Saskatchewan
Saskatoon SK S7N 5B2
Phone: 306-966-1101

STUDENT TRAINER PROGRAM



APPLICATION FORM 2012/2013

Name: _____ Gender: M / F

Saskatoon Address: _____

Postal Code: _____ Tel: _____ Cell: _____

Permanent Address: _____

City: _____ Prov: _____

Postal Code: _____ Tel: _____

Email (PAWS account please): _____

U of S Student Number: _____

Previous Education: (please list any post secondary education, dates of attendance, certificates/diplomas awarded)

Current Education:

What year of University will you be entering in Sept 2012? _____

What College / program will you be in? _____

What year in that program will you be in? _____

What degree are you currently working towards? _____

What is your expected date of convocation and with what degree? _____

Cumulative Average (last 30 c.u.): _____

(As selection into the Student Trainer Program is partially based on academic achievement, previous academic performance of applicants will be used to assess this factor)

Team Assignment: Please rank the top 4 teams you would like to volunteer with.
(Students wishing to volunteer with football or soccer must be available to begin with their team mid August)

- | | |
|-----------------------------------|-----------------------------------|
| _____ Basketball Men | _____ Soccer Men |
| _____ Basketball Women | _____ Soccer Women |
| _____ Cross Country Men and Women | _____ Track & Field Men and Women |
| _____ Football | _____ Volleyball Men |
| _____ Hockey Men | _____ Volleyball Women |
| _____ Hockey Women | _____ Wrestling Men and Women |

Mandatory Information Sessions: Please choose one of the following 2 options. Attendance at the one you choose is *mandatory*.

_____ Wed April 4th 4-4:30pm Room 209 PAC _____ Thurs April 5th 2-2:30pm Room 190 PAC

Certificates: (please check the certificates you hold and *provide a photocopy of the certificate with your application*)

- | | |
|--------------------------------|-------|
| Valid CPR | _____ |
| Valid First Aid | _____ |
| SMCS Sports First Aider | _____ |
| SMCS Sports Taping | _____ |
| Canadian Hockey Safety Program | _____ |
| Others (i.e. aquatics) | _____ |

Please list any related employment experience:

Please list any leadership experience (ex.: President of student council, organized fundraisers, team captain, etc.):

Please list any previous/current volunteer experience:

Please briefly describe your hopes and goals for your career path.